**Title**

**First name and last name 1**

1 Institution name

Mailing address

**Abstract**

**Introduction:** Insert text. **Methods:** Insert text. **Results:** Insert text. **Discussion and conclusions:** Insert text.

***Keywords:*** *health, …*

**Introduction**

Insert text.

**Methods**

Insert text.

**Results**

Insert text.

Tables and figures also must be referenced in numerical order.

Figures must be sent in a separate file either as vector graphics file (eps, ai, cdr, pdf …) either as raster style (jpg, tif …).

**Discussion**

Insert text.

**Conclusions**

Insert text.

**References**

BURFORD, E.-M., ELLEGAST, R., WEBER, B., BREHMEN, M., GRONEBERG, D., SINN-BEHRENDT, A. and BRUDER, R., 2017. The comparative analysis of postural and biomechanical parameters of preschool teachers pre- and post-intervention within the ErgoKiTa study. *Ergonomics*, vol. 60, no. 12, pp. 1718–1729.

ČECHO, R., ŠVIHROVÁ, V., ČECHO, D., NOVÁK, M. and HUDEČKOVÁ, H., 2019. Exposure to mental load and psychosocial risks in kindergarten teachers. *Zdravstveno varstvo*, vol. 58, no. 3, pp. 120–128.

EUROPEAN AGENCY FOR SAFETY AND HEALTH AT WORK, n. d. *Work ability index* [online]. [viewed 13 December 2019]. Available from: <https://healthy-workplaces.eu/previous/all-ages-2016/en/tools-and-publications/practical-tools/work-ability-index>

